

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Driver Training – CEVO II
Training Session Date: 9/13/04
Instructor Name: Martin Kremer

This training session will involve the watching of the CEVO II Defensive Driving Video in order to identify issues that pertain to driving an Ambulance and better everyone's skills. Subsequent to the class, Marty will be available for driver training in the rig.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: QA Training
Training Session Date: 10/18/04
Instructor Name: Amiel Peretz

Our VAC has joined the Northern Westchester Consortium and will participate in the QA process by having regular meetings, together with other participating agencies, with Westchester EMS to review all of the required categories. This training session will review the new QA program put in place by New York State and will review all of the forms.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: CPR Refresher Course
Training Session Date: 11/15/04
Instructor Name: Amiel Peretz

In this session we will review all of the current CPR procedures by watching the video and then will have a “hands-on” review of Adult, Child & Infant CPR. All participants will be required to demonstrate their CPR skills after the review.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Driver Training & OEM MCI Drill
Training Session Date: 12/4/04
Instructor Name: Tsite

There will be 2 training sessions. One will be an all day CEVO defensive driving class and will be held at Pound Ridge Reservation. This course will involve reviewing defensive driving practices and then practicing them while driving the rig. This session will run from 8:30am to 4pm. The other session will involve participating in the town's bi-annual MCI drill. Please be there @ 8AM- This drill will run from 9am-12pm and a lunch debriefing will follow.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Blood Pressure
Training Session Date: 1/17/05
Instructor Name: Martin Kremer

In this session we will review the use of the Automatic Blood Pressure machine as well as review the taking of blood pressure manually. Participants will be checked on the manual taking of blood pressure by using the instructor stethoscope (instructor can listen to the same thing the students are listening to).

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: New Rig, Stretcher & Stair Chair Training

Training Session Date: 3/14/05

Instructor Name: Martin Kremer

In this session we will review how to use the new stretcher and the new stair chair, as well as give an orientation to the new rig. All participants will be required to both operate the stretcher and stair chair, as well as be a "patient" so that they will know what it feels like for the real patients.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: New Rig, Stretcher & Stair Chair Training

Training Session Date: 3/21/05

Instructor Name: Amiel Peretz

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Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Splinting & Immobilization
Training Session Date: 5/16/05
Instructor Name: Martin Kremer & Amiel Peretz

In the splinting station we will review both long and short board splinting. After the demonstration, we will divide into groups and students will be required to demonstrate their splinting skills (Students will take turns being the “patient” and then the “EMT”).

In the Immobilization station we will review the application of collars, the “standing takedown” and the use of the backboard and spider. All participants will be required to demonstrate their skills and will also take turns being the “patient” so that they know what it feels like for the real patients.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Medical & Trauma Scenarios
Training Session Date: 6/20/05
Instructor Name: Martin Kremer & Amiel Peretz

In this session the students will be divided into teams and the instructors will present both medical and trauma scenarios. Students will be required to react to the scenarios and perform all steps that they would on a real call. Any deficiencies will be reviewed with the students after the scenario is complete.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Weapons of Mass Destruction

Training Session Date: 7/18/05

Instructor Name: Jeff Meade – Phelps

In this session, Jeff Meade will give a PowerPoint presentation on Weapons of Mass Destruction and the ability of our agency to respond to these types of events.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Medical & Trauma Scenarios

Training Session Date: 8/8/05

Instructor Name: Martin Kremer

In this session the students will be divided into teams and the instructor will present both medical and trauma scenarios. Students will be required to react to the scenarios and perform all steps that they would on a real call. Any deficiencies will be reviewed with the students after the scenario is complete.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Geriatrics
Training Session Date: 9/19/05
Instructor Name: Jeff Meade – Phelps

In this session, Jeff Meade will give a PowerPoint presentation to review the issues in dealing with geriatric patients.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: PCR's, RMA's & Radio Protocol

Training Session Date: 10/17/05

Instructor Name: Amiel Peretz

In this session we will review the procedures involved in filling out PCR's. After that, a scenario will be presented and all students will be required to fill out a PCR, which will be reviewed by the instructor. We will also review the suggested procedures to use on an RMA call, as well as review protocols on the use of our radios, concentrating on brevity of transmissions as well as the use of the various channels.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Albuterol & EpiPen Training

Training Session Date: 10/24/05

Instructor Name: Dr. Robert Marcus

In this session Dr. Marcus will review the Administration of Albuterol and EpiPens and will review the contra-indications for such use.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Collars & Backboards

Training Session Date: 11/14/05

Instructor Name: Martin Kremer

In the session we will review the application of collars, the “standing takedown” and the use of the backboard and spider. All participants will be required to demonstrate their skills and will also take turns being the “patient” so that they know what it feels like for the real patients.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Stair Chair Training
Training Session Date: 11/21/05
Instructor Name: Amiel Peretz

In this session we will review how to use the stair chair. All participants will be required to both operate the stair chair, as well as be a "patient" so that they will know what it feels like for the real patients.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Traction, O2 and Blood Pressure

Training Session Date: 12/19/05

Instructor Name: Martin Kremer & Amiel Peretz

In this session there will be 3 stations set up. One station will review the use of our traction splints. Students will take turns being the "patient" and the "EMT". The second station will review how to put the regulator on the O2 tank and how to operate an O2 tank. The 3rd station will review the taking of blood pressures, both manually and via the automatic BP machine. Students will be checked via the use of the training stethoscope by the instructors.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Bandages and Splinting

Training Session Date: 1/16/06

Instructor Name: Martin Kremer

In this session we will review the bandaging of bleeding injuries as well as the splinting of bone and joint injuries. Students will be required to demonstrate their skills after the training and will take turns being “patients”.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Bandages and Scenarios

Training Session Date: 1/23/06

Instructor Name: Martin Kremer

In this session we will review the bandaging of bleeding injuries. The instructor will also give medical and trauma scenarios to different groups of students and the students will be required to respond to such scenarios. Any deficiencies will be reviewed with the students after the scenario is complete.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Radio Protocol
Training Session Date: 2/13/06
Instructor Name: Martin Kremer

In this session we will review protocols on the use of our radios, concentrating on brevity of transmissions as well as the use of the various channels. Students will be given a dispatch from 60 control and will be required to respond via radio at all appropriate times.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Medical & Trauma Scenarios

Training Session Date: 3/20/06

Instructor Name: Sue Shepard

The instructor will give medical and trauma scenarios to different groups of students and the students will be required to respond to such scenarios. Students will be required to fill out a PCR after the call. Any deficiencies will be reviewed with the students after the scenario is complete.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Review of ICS-100, ICS-200 and ICS-700
Training Session Date: 4/17/06
Instructor Name: Amiel Peretz

In this session we will review the various requirements of taking the 100, 200 & 700 NIMS courses. We will review who is required to take which courses as well as do a top side review of the courses themselves. All students will be required to either copy the pre-printed courses that are in the office or print out the materials from the website. After reading the material, all students will be required to take the online tests available on the FEMA website.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Splinting
Training Session Date: 5/15/06
Instructor Name: Alan Peterman

In this session we will review the use of both long and short board splints. Students will be required to demonstrate their skills after the review and will rotate being the "patient".

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: General Training
Training Session Date: 6/12/06
Instructor Name: Amiel Peretz & Martin Kremer

Due to the numerous requests for different types of training, we will have a general training session where students can request training on anything they are having difficulty with.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: New CPR Protocols
Training Session Date: 7/17/06
Instructor Name: Amiel Peretz

In this session we will review the new AHA guidelines for CPR. We will watch the new CPR training video for Healthcare professionals and will then have students demonstrate their newly learned skills.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Fire / Police Training – Scene Safety
Training Session Date: 9/25/06
Instructor Name: Chief David Ryan - PRPD

In this session, Chief Ryan will review traffic control procedures for use in accidents or when roads are closed.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Town of Pound Ridge MCI Drill
Training Session Date: 9/30/06
Instructor Name: David Ryan

The Town of Pound Ridge's Dept. of OEM conducts bi-annual hands on MCI drills. In this drill, there will be some kind of chemical event @ Pound Ridge Town Park and all town EMS agencies will be involved.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: New N.Y. State EMT Protocols & Review of MCI Drill
Training Session Date: 10/16/06
Instructor Name: Marty Kremer/Sue Shepard, Amiel Peretz

In this session we will review all of the recent changes to the New York State EMT Protocols. We will also review the Pound Ridge MCI drill that we participated in on September 30, 2006.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Traction Splints
Training Session Date: 11/20/06
Instructor Name: Tammy Rainford

In this session we will review when & how to use both of our traction splints.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Vacuum Splint / Stretcher
Training Session Date: 12/18/06
Instructor Name: Amiel Peretz / Marty Kremer

In this session we will review when & how to use the full body vacuum splint. Participants will alternate being the patient and being part of the crew so they understand all aspects of how to use this device. We will also offer training on the stretcher for all those who are unsure on how to operate it.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Review of 78B2 & New Aspirin Protocols
Training Session Date: 1/22/07
Instructor Name: Tammy Rainford / Amiel Peretz

In this session we will review the operation of 78B2, our backup ambulance, and the new New York State Protocols with regards to Aspirin Administration.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: O2 and Stair Chair
Training Session Date: 2/12/07
Instructor Name: Tammy Rainford

In this session there will be 2 stations. One will review all O2 equipment (tanks, NRB's, N.C.'s, etc) and the other will review how to use the stair chair. All participants will be required to both operate the stair chair, as well as be a "patient" so that they will know what it feels like for the real patients.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: O2, Spinal Immobilization & Computer
Training Session Date: 3/19/07
Instructor Name: Amiel Peretz / Tammy Rainford

In this session we will review how to use and change the onboard big O2 tank. We will also review the new spinal immobilization kit and review how to use the Westchester County website to obtain call information.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Medical/Trauma Scenarios & Aspirin Practical Exam
Training Session Date: 4/16/07
Instructor Name: Tammy Rainford/ Amiel Peretz & Sue Shepard

The instructor will give medical and trauma scenarios to different groups of students and the students will be required to respond to such scenarios. Any deficiencies will be reviewed with the students after the scenario is complete. The practical exam for Aspirin Administration will also be given to all EMT's.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Advanced Life Support Familiarization
Training Session Date: 5/21/07
Instructor Name: Danielle Garavito

In this class, Danielle Garavito, a paramedic with both WEMS and Greenwich Hospital, will familiarize us with all the equipment and drugs that the paramedics carry so that we can more ably assist them on calls.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Scenarios
Training Session Date: 6/18/07
Instructor Name: Sue Shepard

This will be a hands on Trauma scenario drill. The scenario is that the patient was climbing the cell tower and fell off. The accident takes place @ night. Students will be required to locate the patient, deal with multiple injuries and then figure out how to transport the patient through the woods. Any deficiencies will be reviewed with the students after the scenario is complete.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Albuterol / EpiPen Training & Stair Chair Review

Training Session Date: 7/16/07

Instructor Name: Sue Panno Shepard

In this session we will review the Practical Administration of Albuterol and EpiPens following up Mike Motyka's Pharmacology class. We will also review the operation of the stair chair for non-EMTs.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Westchester County DES Trunk Radio System
Training Session Date: 9/17/07
Instructor Name: Amiel Peretz

In this session we will review the new Westchester County Trunk Radio System

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: MVA – Trauma Patient

Training Session Date: 11/19/07

Instructor Name: Sue Panno Shepard

In this live MVA drill which occurs at night, members will need to locate the car in the woods, search for possible ejected patients and then deal with Patient Extrication, Spinal Stabilization, Trauma, Bleeding & Shock. A debriefing will be held after the drill.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Helicopter Protocol & Safety

Training Session Date: 12/17/07

Instructor Name: Amiel Peretz

In this session we will watch and discuss the NYSDOH DVD regarding the history of Helicopter Rescue and the protocols involved in interfacing with the STAT flight team.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Basic Equipment Review & Practical Testing
Training Session Date: 1/14/08
Instructor Name: Sue Panno Shepard, Marty Kremer, Amiel Peretz

In addition to one-on-one practical reviews, there will be a didactic review of the protocols governing and the usage of the following equipment: BP Machine, Suction Machine, O2 Regulator, and Stretcher – “How To Use The Stretcher” step-by-step was documented by Marty Kremer and handed out to each member. Hard-copies on file in training notebook.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Hip Immobilization using the Vacu-splint
Training Session Date: 2/25/08
Instructor Name: Sue Panno Shepard

This training session focused on the immobilization of a hip injury using a vacu-splint. Practical skills covered: 1) Following the NYS protocol for immobilization of a joint injury. 2) Maintaining manual stabilization, 3) taking the dorsalis pedis and dorsal venous pulses, 4) Preparation/application of a vacu-splint. Scenario protocol & documentation on file in training notebook

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Weapons of Mass Destruction Training Videos
Training Session Date: 3/17/08
Instructor Name: Tammy Rainford

The corps watched two videos provided by the NYS DOH Bureau of EMS on Weapons of Mass Destruction. The first video was entitled "*Weapons of Mass Destruction and the First Responder*", the second, "*Surviving Weapons of Mass Destruction*". A corps-wide discussion followed the viewing.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: START/Triage
Training Session Date: 4/28/08
Instructor Name: Sue Panno Shepard

In preparation for the May 3, 2008 Westchester County Airport Drill headed by Westchester County Dept. of EMS, the corps reviewed the START/Triage program, Incident Command System and MCI protocols.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Rapid Trauma Survey a la Greenburgh SWAT
Training Session Date: 5/19/08
Instructor Name: Dan Paschkes

1st Lieutenant Dan Paschkes reviewed Rapid Trauma Assessments as was taught him by Greenburgh SWAT paramedics.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Hyperthermia
Training Session Date: 6/16/08
Instructor Name: Sue Panno Shepard

In this live drill EMT's took turns practicing patient assessment and patient care for victims of heat exhaustion and heat stroke. A multiple choice quiz was given at the end of the training session.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Automatic Blood Pressure Machine
Training Session Date: 7/21/08
Instructor Name: Amiel Peretz/Larry Smith

In this session we will train members of the corps on the use of the new Automatic Blood Pressure machine.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Atropine Auto-Injector Training, WMD
Training Session Date: 9/15/08
Instructor Name: Amiel Peretz

Members were trained on the implementation of initial, on scene, treatment by EMS for Nerve Agent or Organophosphate poisoning in the absence of Mark 1 kits. Members learned to use the Atropine Auto-injector.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Stamford Hospital Question and Answer
Training Session Date: 10/20/08
Instructor Name: Joe Larcheveque

Joe Larcheveque, EMS Coordinator from Stamford Hospital visited with PRVAC to discuss Stamford EMS protocols and to answer questions from corps members.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: BP Machine, Sager, Trunk Radio, C-Med
Radio

Training Session Date: 11/21/08

Instructor Name: Amiel Peretz/Larry Smith

In this session members of the corps were trained on the use of the new Automatic Blood Pressure machine, the Sager Traction Splint, using the portable trunk radio to contact NWHC, and using C-Med to contact the Connecticut hospitals. Once trained on the equipment, members were required to teach another member the equipment that they were just trained on.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Spinal Immobilization Practical
Training Session Date: 12/15/08
Instructor Name: Dave Parsons

In this practical session members of the corps were trained on the application of the new Spinal Immobilization Protocols and standard spinal immobilization procedures. Live victims requiring c-spine immobilization were presented in several different scenarios.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: MOLST
Training Session Date: 1/26/09
Instructor Name: Sarah Flanagan

The new MOLST (Medical Orders for Life Sustaining Treatment) forms were introduced and reviewed as a replacement form to the DNR.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Spinal Immobilization Review
Training Session Date: 2/23 /09
Instructor Name: Sarah M Flanagan

Members were asked to review the new spinal protocols and presented with scenarios in which the members were asked if the new protocols were appropriate. Many examples were given to members to increase protocol clarification. Much discussion was had on the PCR documentation of a patient who according to the old protocols should be collared/back-boarded but according to the new protocols, patient could refuse spinal immobilization. Documenting the negatives was stressed.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Spinal Immobilization Review
Training Session Date: 3/3/09
Instructor Name: Sarah Flanagan

Once again the new NYS Spinal Immobilization Protocols and standard spinal immobilization procedures were reviewed for clarification. Several different live scenarios were presented testing EMT's on the appropriateness of using the new protocols during patient treatment and transport. A cheat sheet was distributed for use during actual calls and also added to our PCR boards.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: MCI Scenario
Training Session Date: 4/20/09
Instructor Name: Sarah Flanagan

MCI Scenario – We discussed the Westchester EMS conference. Members watched a clip of a mass casualty incident and then wrote a step by step protocol of how they would set up the incident command structure. As a group we shared and set up a command structure, finding places where individually we had missed important pieces.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Triage – Live Drill @ HQ
Training Session Date: 5/18/09
Instructor Name: Sue Panno Shepard

Part I: In preparation for our 10/3/09 MCI drill in PR Reservation we ran a live triage drill. Thirty “patients” (stuffed animals) tagged with vital signs were scattered in the woods behind HQ. Members were required to triage each patient and record their findings. Upon completion the corps sat down and reviewed their findings as a group. Part II: Triage equipment & supplies that are carried onboard the ambulances were presented and each of their functions reviewed. (SMART Triage tags, tarps, tape, glow sticks etc...)

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: Power Point on "MCI: The First Ten Minutes"
Training Session Date: 6/1/09
Instructor Name: Captain Bill Ackley, SEMS

Captain Bill Ackley of Stamford EMS visited PRVAC with a special operations truck, MCI trailer, and a presentation of what to do in the first ten minutes of an MCI.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: WCDES Power Point Presentation
Training Session Date: 6/15/09
Instructor Name: Guy Singer

Guy Singer of WCDES and Pound Ridge's EMS Zone Coordinator gave a power point presentation on WCDES. MCI equipment and supplies were emphasized in preparation for the October drill.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: MVA - Extrication Drill with PRFD
Training Session Date: 6/22/09
Instructor Name: Sue Panno Shepard/Jim Perry

PRVAC and PRFD organized a live extrication drill using 2 vehicles occupied by a total of 6 patients. 3 of the patients were unresponsive. PRVAC worked with FD in determining the best extrication for each patient. Several extrication techniques using different points of access were performed. Instructors Shepard & Perry led an EMS/Fire debriefing at the conclusion of the drill. This drill proved so successful that additional joint drills are being planned for the future.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name: MCI Staging, Transporting, Tracking
Training Session Date: 7/27/09
Instructor Name: Captain Bill Ackley, SEMS

In this live drill, PRVAC met at the PR Reservation for MCI Training. Members learned how to; stage emergency response vehicles, follow the protocols involved with transporting patients from an MCI, and keep track of the many patients that come with an MCI, their demographic information, injuries, hospital destination, and the like.

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name:

Training Session Date: 9/20/09

Instructor Name:

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name:

Training Session Date: 10 /09

Instructor Name:

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name:

Training Session Date: 11 /09

Instructor Name:

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name:

Training Session Date: 12/19/09

Instructor Name:

Pound Ridge Lions Volunteer Ambulance Corps

Training Session Name:

Training Session Date: 1//10

Instructor Name: